



THE SOCIETY OF
ADVOCATES IN ABERDEEN

FOOTBALL
MEMORIES
SCOTLAND



FOOTBALL MEMORIES EXHIBITION



Tuesday 10th March 2020 from 12 noon to 7 pm

The Football Memories project has been running throughout Scotland since 2009, with Aberdeen one of the original pilot centres. A Football Memories programme is delivered in Aberdeen by four partner organisations - Football Memories Scotland, Alzheimer Scotland, Aberdeen FC Community Trust and Aberdeen FC Heritage Trust - with sessions held every week at Pittodrie Stadium and monthly at two care homes and Aberdeen Royal Infirmary. The use of football memorabilia such as programmes, books, film clips, photographs and items of football kit to stimulate discussion and recall of personal memories and stories has been proven to bring many benefits to those affected by dementia and is seen as being a major therapeutic tool in the management of the condition.

The project developed in Scotland is now accepted as being world-leading and locally the partnership are keen to expand the football memories programme into the community, offering more hospital and care home sessions, making use of public spaces such as libraries and community halls and visiting other football clubs. We are also aware of the need within care homes and hospitals especially to cater for those who do not have an interest in football, by combining football memories with memories of shops, cinemas, streets, workplaces, entertainment venues, etc. Sessions will become more inclusive, with membership not being restricted to those affected by dementia but welcoming those affected by other conditions such as social isolation or mental health issues.

Alan Johnstone, Football Memories Scotland Area Co-Ordinator for Aberdeen City and Shire and a volunteer with Alzheimer Scotland, will be in attendance with volunteer colleagues to display examples of the memorabilia used, talk about the football memories programme and promote other activities and services offered by Alzheimer Scotland.

Donations to Alzheimer Scotland would be much appreciated to support the invaluable work carried out at the Dementia Resource Centre at 13-19 King Street and throughout the city.



Alan and his colleagues look forward to meeting you and don't forget to bring your shooting boots!

The Exhibition will be open to members of the public from 4-7pm, so if you have friends or family who would enjoy it please let them know! Only SoA members will be allowed in from 12-4pm so you have exclusive access at that time.